Carnival Sailing
Land & Sea Adventure

Piton Sunset Cruise

Mutiny Tour
Explore On Your Own

PROUDLY ST LUCIAN OWNED AND MANAGED
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SOUFFRIERE ADVENTURE
Every day except Monday 9am to 4 pm

Enjoy warm hors d’oeuvres as you sail along the west coast to the town of Soufriere. Sail by the fishing villages of Anse La Raye and Canaries and enjoy the approach to the majestic Pitons. In Soufriere, take the shuttle to Diamond Botanical Gardens for a tour of the gardens and see the mineral baths, or head to Tet Paul for a gentle 45 minutes hike with spectacular views of the south of the island, the pitons and even St. Vincent on a clear day. Then head to a local restaurant for lunch. After lunch, visit the Sulphur Springs with either a tour of the Springs or a dip in the Mud Bath. Sailing back up the coast, enjoying a refreshing swim or snorkel; visit beautiful Marigot Bay. The journey continues to Castries for the return home.

ISLAND ADVENTURE / LAND AND SEA
(Tuesday, Wednesday and Thursday 9 am to 4 pm)

This is a guided historical land tour, which takes in a working banana plantation, Marigot Bay is a haven to yachts and location for the 1967 film Dr. Dolittle, as well as the picturesque fishing villages of Anse La Raye and Canaries. Continue to Soufriere, home of the world famous Pitons. Enjoy the Diamond Botanical Gardens then head to a local restaurant for a spectacular lunch. After lunch enjoy a visit to the Sulphur Springs with the option to dip in a therapeutic mud bath then continue to the docks for the sea portion of the tour. Sailing back up a stop for swimming and snorkeling will be made. Also a visit the famous Marigot Bay from the sea before continuing the journey to Castries.
SOUFRIERE FOUNTAIN OF YOUTH
(Every day except Monday 9am to 4 pm)

Enjoy warm hors d'oeuvres as you sail along the west coast to the town of Soufriere. In Soufriere take the shuttle to Soufriere Estate for an extended tour of the botanical gardens and take a soak in the medicinal mineral baths, built by Napoleon. (Your tour will have exclusive access to the baths). Diamond Baths share the same therapeutic values of the top European spas. You will then be driven to Morne Coubarile Estate - Experience a St. Lucian Plantation with working mill. Tour around the beautiful gardens and see their 18th century village and traditional Plantation House and have a creole lunch in the grounds. Sailing back up the coast a chance will be given for a refreshing swim or snorkel before continuing onwards to visit the beautiful Marigot Bay, location of the 1967 film Dr. Dolittle. The journey continues to Castries.

SEA TO SKY
(Every day except Monday 9 am to 4 pm)

The Sea to Sky adventure is the popular add-on to the Soufriere Adventure Cruise; it combines a gentle cruise down the western coast of St. Lucia with the adrenaline rush of zip-lining under Petite Piton. Eight zip cables move you effortlessly through Morne Coubaril Estate where you take your own air-borne photos of the Piton and Soufriere town, before being carried into a canopy of banyan, coconut, plum and mango trees and across a bamboo-shadowed gorge. After the thrills of zip-lining enjoy the plantation tour and a creole lunch, then head back to the port.

On the sail back stop for some swimming and snorkeling. Sail into Marigot Bay before returning to port.
WET AND WILD
(Tuesday to Saturday 9am to 7 pm)

Sail down the scenic West Coast to Soufriere. Jump in a 2 or 4 seater buggy along back roads through lush rain forest in Soufriere, overlooking the majestic pitons, with stops at Choiseul Beach, then lunch, before continuing on to The World famous Drive-in-Volcano and a bath in the Toraille Waterfall. Back onboard, take a swim or snorkel between the Pitons. Returning up the coast enjoy cocktails and the stunning sunset with the pitons as your backdrop.

Includes: buggy, temporary driver’s license (one per buggy).

MUTINY
(Tuesday to Saturday 9am to 7 pm)

Take charge of your own private tour. Sail down the coast and take in the island’s beautiful scenery from one of our leisure cruise catamarans. Once in Soufriere, escape in your own vehicle with a local guide as your driver and together, spend five hours discovering your own treasure spots: the volcano, a zipline, the therapeutic baths, botanical gardens or a choice of stunning waterfalls and world class or drop in to view a few of the local hotspots.

At the end of the day, return to the catamaran and sail off on the Piton Sunset.

BRING ALONG ALWAYS >>
- sun blocker
- sandals
- hat or cap
- towel
- swimwear
- camera
**BEAN TO BAR**  
*(Wednesday 9am to 7 pm)*

Hotel Chocolat offers a unique tour concept. The excursion begins with a gentle sail to Soufriere by catamaran. The ‘Bean to Bar’ experience begins with a tutorial on the production of cocoa and ends with you making a chocolate bar, using estate grown cocoa. The 3 course a la carte gourmet lunch at Boucan Restaurant is a truly spectacular experience, with every item on the menu, sweet or savoury, incorporating the use of cocoa. Visit the therapeutic mud baths, then return to the boat to join the Piton sunset cruise.

**PITON SUNSET**  
*(Everyday except Sunday, 2 pm to 7 pm)*

Cruise to Sugar Beach in Soufriere, a magical bay nestled between the iconic Pitons and spend some time swimming and snorkeling over the protected reef. On your return enjoy hors d’oeuvres and cocktails as you listen or dance to caribbean vibes witnessing the spectacular Piton Sunset.

This tour is perfect for those who just want to relax and enjoy a true Caribbean vibe.

**SAIL AWAY / ROMANTIC SUNSET**  
*(Wednesday & Saturday 5pm to 7pm)*

Sail off into the sunset, literally, on this romantic cruise that features stunning views of the sun dipping into the sea and lighting up the horizon in a whole spectrum of red, pink and orange shades. Savour delectable appetizers on deck and enjoy a full bar inclusive of wine and champagne. Watch the sea become ablaze with fiery color... Or simply steal away, find a quiet spot where you can be alone together, and remember why you fell in love in the first place.
PARTY IN THE BAY
(Tuesday and Thursday 8pm to 10:30pm)

Enjoy a party cruise on board our catamaran from Rodney Bay Marina, one of the best known marinas in the Caribbean, down the coast to the Windjammer Bay, where you will enjoy the spectacular night lights of the Choc Bay, Castries and The Morne. Savor our hot hors d’ouvres and selection of drinks. Dance the night away under the stars with music from our onboard DJ and disco light effect. Sail back along the coast enjoying the views of Sandals Grande, The Landings and the Reduit Beach area. The perfect sunset party cruise with a Caribbean twist.

JAG SOUFLRIERE REVELATION WITH MUD BATHS
Mon, Thurs & Sat (Pick Up at Hotel 7:40am. Return 5pm)

The tour will travel southward through the banana plantations, the fishing villages, the rainforest and rich tropical island vegetation. Our knowledgeable guide will inform you of the island’s history and the sights as you pass by. A short stop at the viewing point of Marigot Bay is quite in order before the drive to Soufriere. Once in Soufriere, see the majestic Pitons with our first stop at the Sulphur Springs - the Drive-In-Volcano. Feel rejuvenated after a bath in the rich black mineral water of the mud baths heated by the volcano itself! Our second stop is at the delightful Toraille Waterfall, a quaint cold water waterfall in a tropical garden setting. Our next stop is for a delicious buffet lunch prepared with fresh local ingredients at a restaurant nestled in island greenery and colourful flowers in Soufriere before the pleasant return trip to your hotel.
GROS PITON TOURS
Everyday, Pick up time 6:30am return 4:00pm – Option of private or with a group

The highlight of your vacation. Viewing them is an astounding sight, climbing is beyond amazing. The tour starts from the resort on an air-conditioned bus. The over 1 hour journey to Gros Piton travels through banana plantations, lush vegetation and quaint fishing villages and passing through the town of Soufriere. Then head on to your Gros Piton hike where tour guides are just bursting with excitement to take you to the hike of a lifetime. A memorable day indeed!
Includes: transfers, entrance fees, guided hike, local fruit juice & lunch.

ISLAND BUGGIES - NORTH TOUR
Monday to Saturday (Pick up at the hotel)

Jump in a 2-seater or 4-seater buggy and drive yourself on a guided tour. Roar through Cap Estate, the “Beverly Hills of St. Lucia”, to the spectacular Point Hardy, which offers breathtaking views of the Atlantic coastline. Bounce down to Cas-en-Bas and see the kite-surfers and then trek along back-roads past the Cricket Stadium into the community of Monchy. Put into low gear and power your way to Morne Citron which offers magnificent panoramic views from coast to coast. Wind down scenic country roads and catch a glimpse of the local way of life as you head back to base.

BRING ALONG ALWAYS >>
- sun blocker
- sandals
- hat or cap
- towel
- swimwear
- camera
ISLAND BUGGIES – SOUTH TOURS  
*Monday to Saturday  (Pick up at the hotel)*

You can’t come to St. Lucia without seeing the Pitons! Island Buggies Soufriere Safari is the coolest, most exiting way to get to Soufriere and see the incredible Pitons. Drive yourself and your partner / family in a 2-seater / 4 seater buggy along the picturesque west coast to the town of Soufriere. Three stops offer different vantage points of the majestic twin peaks: first drive your buggy through the drive-in volcano; next stop at the Toraille Waterfall, where you can take a refreshing dip; and then drive up to a hilltop restaurant and enjoy an authentic local buffet lunch, while marveling at the view of the Pitons and the entire Soufriere basin.

ISLAND BUGGIES – DRIVE & FLY  
*Monday to Saturday  (Pick up at the hotel)*

Drive a buggy across island to the east coast village of Dennery, taking in the amazing views along the way. Turn inland and drive into the rainforest to ride the highest, longest and fastest zip lines in St. Lucia at the Treetop Adventure Park.

MARTINIQUE SPLENDOUR  
*Thursdays -Pick Up at hotel 7:45 am, Return 5:00 pm*

Embark at the Rodney Bay Marina to experience a sensational cruise on the Flying Ray, a top of the line vessel which would zip you to a pier in Fort-de-France, the capital of Martinique, in only 90 minutes. While in Fort-de-France, enjoy some duty free shopping with famous french perfumes, jewelry, designer clothes and lots more. Excellent bargains await you in the numerous boutiques of this french Caribbean town.
MARTINIQUE SPLENDOUR (Cont.)
You may choose to follow our guide or to explore on your own, through the park and street markets towards various monuments and landmarks of the historical old town with a French flair. All are only a few minutes away from the pier. When you are done get back on the boat to have a sip of Martinique's famous 'Ti Punch' whilst continuing the journey to Anse Noire, as an aperitif to a delicious bar-b-que, prepared and served at the mooring by the crew. Don't miss the fresh baguettes and cheese and the captain's special banana flambee, which are only the beginning of the fun. Enjoy the party or swim or snorkel off the boat through crystal clear water (gear is supplied) or just laze on the sundeck or beach and work on getting that perfect tan. Later on continue cruising along the coast as you head towards the Diamond Rock, a famous Martinique landmark and dive paradise to get the thrill of taking a closer look. The rock was the object of a famous battle between the English and the French 150 years ago. From there, sail back to St. Lucia, hoping to be joined by the Caribbean fun loving dolphins (more often than not) may swim with the boat for a while. Hope your camera is ready.

ATV ADVENTURE
Cost: Single Seater | Double Seater for Single | Double Seater for Couples
Monday to Saturday – Pick up times at resort 8:30 am, 10:30 am, and 1:30pm – Included: complimentary drink

Riding an ATV is a real thrill. This is an exciting tour, riding on 4 wheeled motorised, easy to operate, fully automatic All Terrain Vehicles, designed for use on all types of off road terrain. It is a guided tour through an unspoilt area of our island. These vehicles, with a capacity for 2 persons on a bike, enable you to explore areas where other tours cannot venture.
ATV ADVENTURE (Cont.)
After a twenty-minute drive from the hotel, you will be met at the Orientation Center. Here you will be provided with safety gear and receive instructions on how to operate the bikes safely. This tour will introduce you to an area of the island which is off the beaten track experiencing an adventurous journey through some of St. Lucia’s most beautiful and breathtaking landscape. There will be stops, including an opportunity to swim for about 30 minutes. During the tour, you will be served a complimentary drink and fruits in season. A once in a lifetime excursion!

SEGWAY EXPERIENCES
Mount Pimard Nature Trail – Every day Avail: 12pm and 3pm  
Sunset Segway includes dinner on the beach – every day – 4pm

HORSEBACK RIDING
Everyday. Pick up times – 8:15am, 9:45 am, 1:45pm and 3:15pm

• 1 HR Ride: Enjoy meandering through St. Lucia’s many banana plantations, heading down to Roseau’s sandy beach. We cater to those who would rather have just 1 hr of escape into calm. A remote beach where, its occasional fisherman waits to sell his catch.

• 2 HR Ride – Swim with the horses
  Two delightful hours that allows the rider to truly relax and take in the sights and sounds of Roseau Valley. We then head down to the beach where we have the opportunity to swim in the Caribbean Sea with a horse (weather & sea conditions permitting)

• Hoofprint Beach BBQ – 4 hrs duration – Wednesdays only
  This is a special blend of sight and sounds of plantation paradise and swim with the horses tour rides. You have 4 hours to devote to total relaxation. Treasure swimming with our horses in the Caribbean Sea at secluded Roseau Beach. Our local Lucian style beach BBQ will be a delight to your taste buds and a memory to lasts forever.
RAINFOREST HIKE & BATH
*Tuesday, Thursday and Saturday – Pick up 8:15am*

A short drive through the city, across the island into one of St. Lucia’s Beautiful Rainforest where wildlife and culture unfold. An excellent excursion for nature lovers! Take a walk along a forest trail to the heart of the lush green forest Experience nature and a chance to view tropical flora and fauna and some of the 23 species of bird on island, including our National Bird, the St. Lucia Parrot (Amazona Vesicolor). One also gets an opportunity to take a cool bath and relax in a natural river pool. There are 520 steps – the walk is rated as moderate - total duration of tour 3 – 4 hours.

TREE TOP CANOPY (ZIP LINE)
*Monday to Saturday – Pick up time at resort- 10:10 am Tour duration 4 hrs.*

Take a 45mins drive to the East Coast up to the Dennery Fishing Village. Pass through the bountiful banana plantations, and Rain Forest then experience an exhilarating 2000 feet flight through St. Lucia’s exotic Rainforest Canopy. Scream and enjoy the thrill of 12 zip lines including the Island's longest and highest, each one designed for maximum thrill and exposure to the best views, extending up to 800 ft. between platforms and reaching heights up to 1500 ft. above the forest floor. – Enjoy the ride

*Bring along: comfortable clothing, camera, and cash (optional)*

**BRING ALONG ALWAYS >>**

- sun blocker
- sandals
- hat or cap
- towel
- swimwear
- camera
TRIPLE ADVENTURE

Monday, Wednesday and Friday. Pick up time at resort – 10:10am & 2:30pm.
Tour duration 4 hrs.

Hop aboard an open-top jeep for a guided tour down the rugged, windswept east coast and into the lush, tropical rainforest at the center of the island. Your destination is Treetop Adventure Park, home of St. Lucia's world-class zip line. Treetop Adventure Park's 12 zip lines include the island's longest and highest, each one designed for maximum thrill and exposure to the best views. Zipping through the treetops in the heart of the rainforest delivers a rush that would leave even Tarzan breathless. At the end of the ride, take a refreshment break in the Welcome Center and enjoy complimentary juice and bottled water. Then set out on a short hike and get a rare look at Errard Waterfall – St. Lucia's highest accessible waterfall and arguably its most spectacular. A dip in the pool at the base of the waterfall will leave you feeling invigorated.

Make sure to bring your camera because the photo opportunities are endless. You will have a new appreciation for the beauty of the island on your jeep ride back to your hotel.

Bring along: comfortable clothing, camera, and cash (optional)

KIDDIES’ ZIP LINE & CHALLENGE COURSE

RAINFOREST HIKE ADVENTURE
Based on availability – Pick up 7:15am Hours duration

RAINFOREST CYCLING ADVENTURE
Based on availability – Pick up time 7:40am
Cycles through our unique forest trails and witness up close the beauty of the rainforest with its lush vegetation and interesting wildlife.
RAIN FOREST AREIAL TRAM
Tour duration 3.5 hours. Tues, Wed, Thurs & Sun. Pick up 9:25am

Open air gondolas, with naturalist guide provide the one and only access to the upper layers of the rainforest. Ascending through the middle layer of the rain forest enjoy the fauna and flora. Descending you experience the panoramic views of the northern tip of the island while viewing the top of the rainforest canopy.

RAINFOREST ADVENTURES TRANOPY
Everyday – Pick up 8:25am. Duration: 5 hours

This tour includes tram, canopy, zip line and hike. In the cool, magical rainforest soar to great heights, glide among stoic tree trunks, and trek under the verdant canopy. Find the intrepid adventurer within on our Rain forest Tranopy tour.

RAINFOREST ADVENTURES ADRENA – LINE
Wed, Thurs & Sun. Pick up 9:25am. Total duration: 3 hours

Newest, most exciting Zip Line in the Caribbean. Zip Line accessibility is fast and easy. Exclusive features, Tarzan swing, tarantula’s nest, Boa rappel, floating stairs. Zip through 18 platforms in small groups of 8. Only twenty five minutes from the hotel.

RAINFOREST ADVENTURES ADRENA – LUNA
Tues, Wed, Thurs & Sun. Minimum of twelve persons are needed to confirm

Moon light zipping. Zip between trees, swing into Tarantulas nest and rappel down to terra firma in the mystic darkness of the rainforest lit by the moon and stars. Exclusive features, Tarzan swing, tarantula’s nest, Boa rappel, floating stairs. Zip through 18 platforms in small groups of 8. Only twenty five minutes from the hotel. Minimum number of 20 needed to confirm tour.
BIRD WATCHING
Tues, Wed, Thurs & Sun. Pick up time: 5:30am. Total duration: 4.5 hours
Tour includes continental breakfast.

St. Lucia is home to several endemic species and some of the region’s most intriguing birdlife; Castries Waterworks forest reserve is a favored environment for many of them. The bird watching hike designed to engage everyone from the serious birder to the casual enthusiast. The tour sets off just after sunrise too ensure the best sightings.

JACQUOT TRAIL
Tues, Wed, Thurs & Sun. Pick up time: 7:40am. Total tour duration: 3.5 to 4 hours

Experience the transformative power of nature. Hike in the heart of the rainforest amidst the mighty chatannier and the fragrant gommier, listen for the calls of the parrot, and enjoying the bustling stillness of nature.

WHALE & DOLPHIN WATCHING
Tour duration: 3 hours

Possibility of viewing humpback, sperm, and pilot whales along with spotted and spinner dolphins to name a few. Noteworthy 85% chance of sighting.

WHALE WATCH SPECIAL
Tour duration 5 hours. Saturday only

Same amount of time allotted for whale watching, then has the extra of sightseeing along the West Coast up to a beach for swimming. At the beach a buffet lunch will be served on the boat the cruise to Marigot Bay before returning to port. This tour is many wrapped up into one making it excellent value.
LISTING

Tours & Excursions

DEEP SEA FISHING
Tour duration: 4 hours

Sport fishing is an exciting way to spend a half day at sea and St. Lucia offers the best fishing in the Caribbean. The captain and crew are well versed in the ways of the sea, so don’t worry if you are a beginner: we have experts on hand to teach you. Your catch for the day may include marlin, Sailfish, mackerel, Barracuda, Tuna and Dorado.

Bring along: camera

BOTTOM FISHING
Tour duration: 4 hours

The boat remains relatively close to shore. The tour is very interactive, and because of calmer sea conditions you are able to hold onto your rod and bait it yourself if you want to. Also with the use of smaller equipment this tour is perfect for women and children thus making it a very good family outing. The fish species targeted are not as large as those in Sports Fishing however because smaller equipment is used it is just as much a challenge and just as much fun..

OTHER TOURS & SPORTING ACTIVITIES

GOLF
Ask for assistance. Complimentary transportation to and from the golf course.

Play Golf in the Caribbean. 18 hole, par 71 golf course extending over 6,829 yards of the St. Lucia Golf & Country Club is challenging enough to invite the avid golfer and charming enough to tempt the amateur.
HELICOPTER TOURS

Explore the mystical secret sights St. Lucia offers only to those who fly by helicopter. You’ll never forget this adventure. Choices areas follows:

- North Island Cost
- South Island Cost Adult
- Island Tour
- West Coast Shuttle Cost
- Direct Shuttle Cost

*Children under 2 are free provided they sit on an adult’s lap*

PRIVATE BOAT ChARTERS

*Ask your host for assistance*

COOK LIKE A LUCIAN

Gain hands-on culinary experience cooking authentic St. Lucian food & then dine on your own creations! Get in on the action and prepare your own meal. Take your skills home & eat like a Lucian when desired. Join the fun.

WATERSPORTS

Scuba diving, snorkelling, kayaking, family water safari, dive certification and non-certification courses. Dive packages available – Please enquire

Biking, beach hopping – Possibilities are many!
SPECIALIZED TOURS

Example: visit The Mangroves, discover waterfall in the interior of the rain forest, tour the historical East Coast, or find the thirteenth rarest bird in the world – Please enquire.

Ask your Concierge for assistance with all other tours query, as this list is by no means exhaustive. We are also able to personalize your tour within limitations.

IMPORTANT INFORMATION

PLEASE BOOK ALL TOURS THROUGH YOUR CONCIERGE

Host Hours: 8:00 am – 11:00 pm

All tours presented have been carefully examined and has received management approval. Consequently, Coco Resorts does not own or operate tours, which are provided by outside organizations. Tour prices can be changed at any time without notice. Your hosts will be delighted to assist in making reservations for these excursions. Should you require any advice, your host would be happy to assist.

We will confirm tours prior to the day scheduled. Tours are subject to change without notice.

Updated on January 2015.